

# Position.InsertParagraph(NamedStyle)

## Description

Creates and returns an empty [Paragraph](#) at the point represented by this Position, formatted with the specified style. If this Position is in the middle of a paragraph the containing paragraph will be split.

**C#**

```
public Paragraph InsertParagraph(NamedStyle style)
```

**vb.net**

```
Public Function InsertParagraph(ByVal style As NamedStyle) As Paragraph
```

## Parameters

### *style*

The base style of this paragraph. The base style also affects the character style of any text added to this paragraph. If this is null, the style will be "Normal".

## Returns

A newly created [Paragraph](#). Even though the paragraph is empty there will always be at least a single carriage return.

## Examples

**C#**

```
Paragraph p = pos.InsertParagraph(oDocument.Styles[NamedStyle.BuiltIn.Normal]);
```

**vb.net**

```
Dim p As Paragraph = pos.InsertParagraph(oDocument.Styles(NamedStyle.BuiltIn.Normal))
```