Element.InsertParagraphAfter

Overload	Description
InsertParagraphAfter(NamedStyle)	Creates and returns a Paragraph object that represents a new empty paragraph at the end of this Element. The paragraph that is inserted will have the style specified. If this Element is in the middle of a paragraph, the containing paragraph will be split.
InsertParagraphAfter(NamedStyle, ParagraphFormatting)	Creates and returns a Paragraph object that represents a new empty paragraph at the end of this Element. The paragraph that is inserted will have the style specified, to which any additional specified paragraph formatting is applied as well. If this Element is in the middle of a paragraph, the containing paragraph will be split.